

Friday, January 15

6:00-8:00 pm Registration Mesa Marriott
 8:30 pm Welcome Meeting (Open to parents)

Saturday, January 16

6:30-8:00 am Breakfast Opens Mesa Marriott
 8:30 am Bus Departs for Gene Autry (Players in Uniform)
 9:00 am Hitting Presentation (Andre David & Jimmy Johnson) Gene Autry Complex
 9:30 am ALL TEAMS: Stretch Field 3

 10:00 am Individual Defense
 Infielders Field 3
 Outfielders Field 3
 Catchers Field 2

 10:30 am Pitching Instruction (All Pitchers) Bullpen
 Throwing Program/Velo (Non-Pitchers) Field 1

 11:00 am Hitting Rotations (Live-Cage-Shag) Field 1

 12:30 pm Lunch Gene Autry Complex

 1:15 pm Quick Stretch Field 1

 1:30 pm Rotations

Activity/Location: <i>25 Min Rotations</i>	Hitting- Lower Body Focus <i>Cage 3</i>	Hitting- Upper Body Focus <i>Cage 4</i>	Athletic Development <i>TBD</i>	Outfield Instruction <i>Field 1</i>
1:30-1:55	Group 1	Group 2	Group 3	Group 4
1:55-2:20	Group 4	Group 1	Group 2	Group 3
2:20-2:45	Group 3	Group 4	Group 1	Group 2
2:45-3:10	Group 2	Group 3	Group 4	Group 1

3:30 pm Game: Royals vs Giants Field 1
 5:30 pm Depart for Hotel
 6:30 pm Dinner- For players/staff Marriott Mesa
 7:30 pm Hitting/Pitching Power point Marriott Mesa

Sunday, January 17

6:30-8:00 am	Breakfast Opens	Mesa Marriott
8:30 am	Bus Departs for Gene Autry (Players in Uniform)	
9:00 am	ALL TEAMS: Stretch	Field 3
9:20 am	Individual Defense	
	Infielders	Field 3
	Outfielders	Field 3
	Catchers	Field 2
10:30 am	Pitching Instruction (All Pitchers)	Bullpen
	Bunting Competition	Field 1
11:00 am	Pop Up Priorities	Field 1
11:30 am	Base Running (Tour of the bases)	Field 1
12:00 am	BP Game	Field 1
12:30 pm	Lunch	Gene Autry Complex
1:15 pm	Quick Stretch	Field 1
1:30 pm	Rotations	

Activity/Location: <i>25 Min Rotations</i>	Hitting- Lower Body Focus <i>Cage 3</i>	Hitting- Upper Body Focus <i>Cage 4</i>	Athletic Development <i>TBD</i>	Outfield Instruction <i>Field 1</i>
1:30-1:55	Group 1	Group 2	Group 3	Group 4
1:55-2:20	Group 4	Group 1	Group 2	Group 3
2:20-2:45	Group 3	Group 4	Group 1	Group 2
2:45-3:10	Group 2	Group 3	Group 4	Group 1

3:30 pm	Game: Giants vs Royals	Field 1
5:30 pm	Depart for Hotel	
6:30 pm	Dinner- For players/staff	Marriott Mesa
7:30 pm	Recruiting/Life Skills Seminar	Marriott Mesa

Monday, January 18th

6:30-8:00 am	Breakfast Opens	Mesa Marriott
8:30 am	Bus Departs for Gene Autry (Players in Uniform)	
9:00 am	ALL TEAMS: Stretch	Field 1
9:15 am	Individual Defense	
	Infielders	Field 3
	Outfielders	Field 3
	Catchers	Field 2
10:00 am	Game/ Simulated Game	Field 1
12:00 pm	Closing Comments & Lunch	Parents can pick up players from hotel or field