

THURSDAY, DECEMBER 27TH, 2018

12:00pm	Registration Begins	Historic Dodgertown Jackie Robinson Room
3:00pm	Welcome Meeting	Jackie Robinson Room
3:30pm	Report in Baseball Pants, BF issued jersey & Hat	Field 3
3:35pm	Camp Welcome & Staff Introduction	Field 3
3:40pm	Stretch/Warm-Up	Field 3
4:00pm	Throwing Program - Pitchers/Catchers Bullpens	Field 3
4:30pm	Team Fundamentals	Field 3

Team "D" Rotations	Pitchers	Catchers	Middle IFs	First Baseman	Third Baseman	Outfielders
Rotation 1 4:30pm	P-1B Plays (PFPs)	PFPs	Relays	PFPs	Fungo Reps	Relays to 2B
Rotation 2 4:45pm	Bunts	Bunts	Fungo Reps	Bunts	Bunts	Fungo Reps
Rotation 3 5:00pm	Secondary Pos.	Tag Plays from Relay Men	DPs	Relays	Relays	Relays-GBs

5:30pm	Dinner	Cafeteria
6:15pm	Report to Cages	Batting Cages
6:20pm	Hitting Discussion and Workout - Hitting 101	Batting Cages
7:45pm	Defensive Alignments	Jackie Robinson Room
8:15pm	Evening Goal Setting Talk	Jackie Robinson Room
10:30pm	Curfew	ALL PLAYERS IN THEIR OWN ROOMS

FRIDAY, DECEMBER 28TH, 2018

7:00am	Breakfast Opens	Cafeteria
8:45am	Stretch- Warm-Up	Field 3
9:15am	Athletic Testing Rotations	Field 3
10:00am	Individual Defensive Workout	Fields 1/2

FRIDAY, DECEMBER 28TH, 2018

11:00am	Live Baserunning Situations	Fields 1/2
11:45am	Lunch	Cafeteria
1:00pm	Game- Orioles v. Giants Game - Dodgers v. Pirates	Field 1 Field 2
3:00pm	Game - Giants v. Dodgers Game - Pirates v. Orioles	Field 1 Field 2
5:30pm	Dinner	Cafeteria
6:30pm	Hitting Workout - Pitch Recognition Training	Batting Cages
7:00pm	Recruiting Discussion - Recruiting Basics 101	Jackie Robinson Room
10:30pm	Curfew	All Players in Own Rooms

SATURDAY, DECEMBER 29TH, 2018

7:00am	Breakfast Opens	Cafeteria
8:15am	Stretch- Warm Up	Field 3
8:30 am	Individual Defense Workout	Fields 1/3
9:30am	Hitting Workout	Batting Cages
10:00am	Game - Orioles v. Dodgers Game - Giants v. Pirates	Field 1 Field 2
12:00pm	Lunch	Cafeteria
1:00pm	Stretch - Warm Up	Field 3
1:30pm	Live Offensive Rotations - Giants/Dodgers	Field 1
2:30pm	Defensive Reps/ Situational Competitions	Field 3
3:30pm	Cage Competitions	Batting Cages
4:30pm	Daily Review	Jackie Robinson Room
5:00pm	Dinner	Cafeteria
7:00pm	Life Skills - Goal Setting	Jackie Robinson Room
10:00pm	Curfew	All Players in Their Own Rooms

SUNDAY, DECEMBER 30, 2018

7:00am	Breakfast Opens	Cafeteria
8:00am	Stretch- Warm-Up	Field 3
8:15am	Throwing Program	Field 3
8:30am	Individual Defense	Field 1/3
9:00am	Team Competitions	Field 1/3
10:00am	Game - Seed 2 @ Seed 1 - Championship Game Game - Seed 4 @ Seed 3	Field 2 Field 1
12:30pm	Camp Wrap and Dismissal	Field 2